

## Tampa Bay Specialty Surgery Center

### BEFORE SURGERY

*Follow these guidelines the day before your surgery to ensure that your procedure goes smoothly:*

- Notify your surgeon before coming to the center if there is any change in your physical condition such as a cold or fever.
- If no one has contacted you within 24-48 hours before your surgery, please call the center at (727) 828-4035 for specific instructions.
- If you wear contact lenses or glasses, bring a case for their safekeeping. We provide containers for removable dentures and bridgework.
- Do not eat or drink anything after midnight the night before surgery unless instructed otherwise by our staff. You may brush your teeth, remembering not to swallow anything. Refrain from the use of mints, chewing gum and tobacco. Failure to follow these instructions may result in cancellation of your surgery.
- Please do not take any medications after midnight, unless instructed otherwise by your physician or our office. If you are diabetic or on blood pressure or heart medication, you will receive specific instructions from our nursing staff during a preoperative phone call.

### DAY OF SURGERY

*To help us meet all of your needs, please follow these guidelines:*

- It is your responsibility to arrange in advance for a responsible adult to drive you home and remain with you for the first 24 hours after surgery. You cannot drive yourself or be left alone. Failure to make these arrangements may result in a cancellation of your surgery. Your escort is welcome to relax and wait in our reception area.

- Please bathe or shower prior to your surgery. Remove all make-up and do not use lotions or oils after bathing.

- Wear loose, comfortable clothing such as sweat suits and shirts that are big enough to accommodate bandaging after surgery. Wear flat comfortable shoes and remove all body piercings.

- Leave all valuables, including jewelry, at home. We cannot be responsible for lost or damaged property. Do bring your insurance card(s), driver's license and prearranged payment with you.

- Be prepared to sign a form giving your consent for your procedure. If the patient is under 18, a parent or legal guardian must remain with the patient and sign the consent form.

- Please arrive one hour before your scheduled procedure unless instructed otherwise by our staff

### AFTER SURGERY

*These guidelines are for your safe recovery after surgery:*

- Your designated responsible adult must remain in our center to be available to drive you home and stay with you for the first 24 hours after surgery. You cannot drive yourself or be left alone due to the anesthesia and medications you receive here.

- Before you leave the center, you will be given written instructions for your care at home. Be sure to follow your doctor's orders regarding diet, rest, medication and activity.

- With advances in modern anesthesia, most patients only stay at the center for a short time after surgery. You may be somewhat drowsy, so you should rest when you return home. Do not sign any important papers or make any significant decisions for 24 hours. Do not drive a car, smoke, drink alcoholic beverages, operate machinery or cook for 24 hours after surgery.

- If you have any questions or problems after surgery, please contact your physician

- A Nurse from our facility will phone you within a few days after your surgery to see how you are recovering and answer any additional questions.

### INSURANCE AND BILLING

- Charges at Tampa Bay Surgery Center consist of two components: A base fee for each procedure performed and subsequent itemization of any implants used during your procedure. The estimated base fee is used to calculate your co-insurance amount, which is due prior to surgery. You may also need to pay any unmet portion of your deductible. Payment may be made by Visa, MasterCard, Discover, American Express, cash, personal check or Care Credit. You will be notified of your estimated insurance coverage and co-payment due prior to your surgery date. Because of the number and complexity of insurance plans, we suggest that you contact your insurance company with any questions you may have about your coverage.

- Our fees are estimates only and you may be billed for additional charges. Our costs do not include the services of your surgeon or any lab, x-ray, pathology or anesthesia fees. Charges for anesthesia are billed by GulfCoast Anesthesia. You may obtain an estimate of their charges by calling (727) 322-6006

- You have the right to request information regarding fee or payment policies. If you have any questions or problems concerning your bill, please contact our billing office at (866) 613-6897. We will be happy to help you between the hours of 8:00 a.m. and 5:00 p.m., Monday through Friday.